

Twenty-first-century men are too often frustrated cubicle dwellers while deep in their hearts they dream of Braveheart. The ancient Greeks believed manly courage physical, moral, and spiritual was found in the male soul. Called thumos, this type of courage appears in the New Testament, urging men to take action. For many men, thumos is the missing ingredient in their spiritual growth, ready to bless them with power, purpose, and integrity to make them better leaders, disciples, husbands, and fathers. Thumos, says Paul Coughlin, will repair the twenty-first-century male soul. In *Unleashing Courageous Faith* Paul Coughlin is simply a guy with a strong message for other guys including former Christian Nice Guys. He unflinchingly looks at both the noble and undesirable aspects of thumos, coaching men to choose the good and resist the bad. This book is filled with practical help and information in Coughlin's signature readable style, packed with illustrations from his life and the lives of admirable men. Its ideal for mens groups as well as individuals.

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