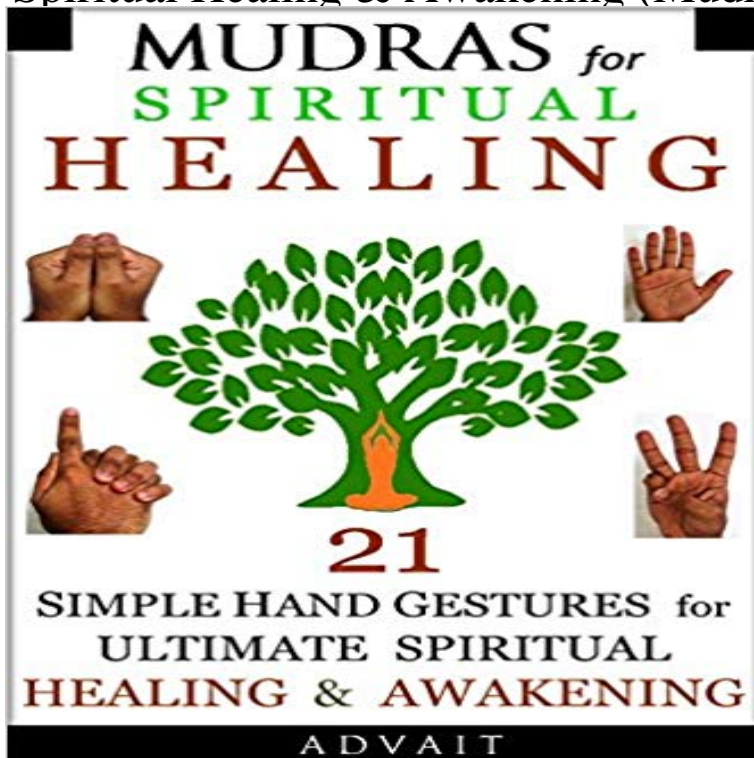


Mudras for Spiritual Healing: 21 Simple Hand Gestures for Ultimate Spiritual Healing & Awakening (Mudra Healing Book 5)



Your Guide to Spiritual Healing & Awakening with Simple Hand Gestures!!! Mudras for Spiritual Healing is all about educating you about Ancient Vedic Mudra techniques which involves achieving Spiritual Healing & Awakening with Simple Hand Gestures. Start Your Spiritual Healing Now!!! So often, patients have no idea why they have brought a certain illness into their lives and many a times, the root cause of their physical illnesses is Meta-Physical. We come into this world with a pure, clear mind, totally connected with our inner wisdom. As we grow, we pick up fears and limitations from the adults around us. By the time we reach adulthood, we have a lot of negative beliefs that we are not even aware of. And, we tend to build our lives and our experiences upon these false beliefs and cultivate a kindred Spirit. The Solution for all of this.....Spiritual Healing!!! This book offers you Ancient Vedic Mudra Techniques of Spiritual Healing that will cure any meta-physical block and thus, Heal You. You dont believe me?? Try out for yourself. These Mudras work wonders!! Discover:: 21 Simple Hand Gestures for Ultimate Spiritual Healing This book details a variety of Simple Hand Gestures called as Mudras, that when performed regularly will help you achieve everlasting Health. Some of the Mudras that youll discover inside this book are: # Dharmachakramudra / Mudra of The Wheel of Dharma # Trishulamudra / Mudra of Trident # Vyaapakanjalimudra / Mudra of Offering # Abhaymudra / Mudra of The Fearless # Dhyaanmudra / Mudra of Meditation Everlasting Health is Achievable Through Spiritual Healing!! Just perform these Simple Hand Gestures regularly. Would You Like To Know More? Download this book now and Heal Your Spirit. Scroll to the top of the page and select the buy button. P.S - This Book is enrolled in KINDLE UNLIMITED,

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