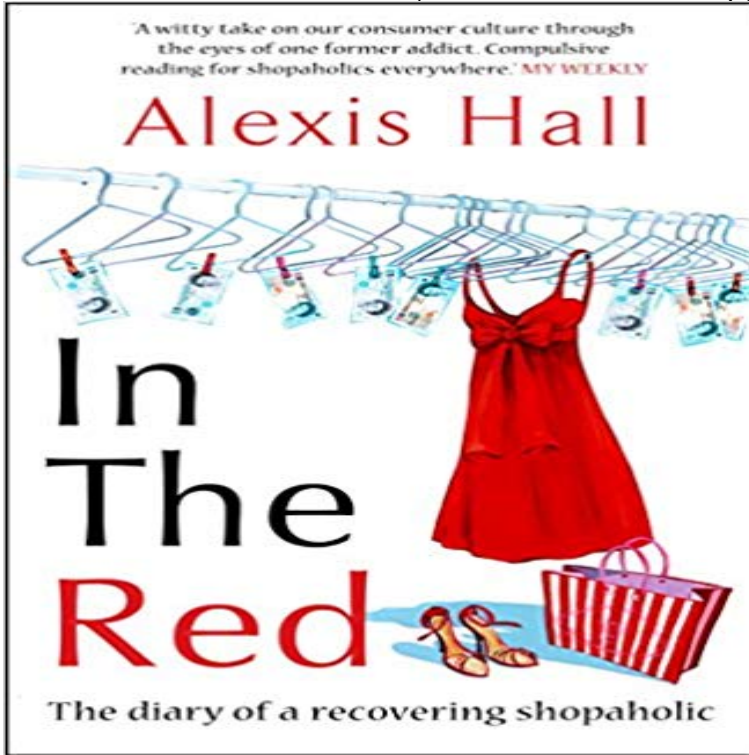


# In the Red: The Diary of a Recovering Shopaholic



When your debt is more than your share of the mortgage and your partners threatening to not only leave, but to tell your mother how out of control your spending is, then you know its time to face reality and take drastic action. So, for one whole year, Alexis Hall sets out to buy nothing except the bare essentials in a bid to reclaim her life from the retail rollercoaster threatening to pitch her into permanent poverty. That might not sound too hard a task, but when you owe over GBP30,000 and youre consumed by consumerism, just making it to lunchtime without buying a pair of sensational shoes suddenly becomes a life-altering act. In the Red is Alexis hilarious diary - full of fashion and frustration - as she battles to transform herself from a spending junkie to a scrupulous saver. Youll soon realize theres a bit of Alexis in all of us!

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