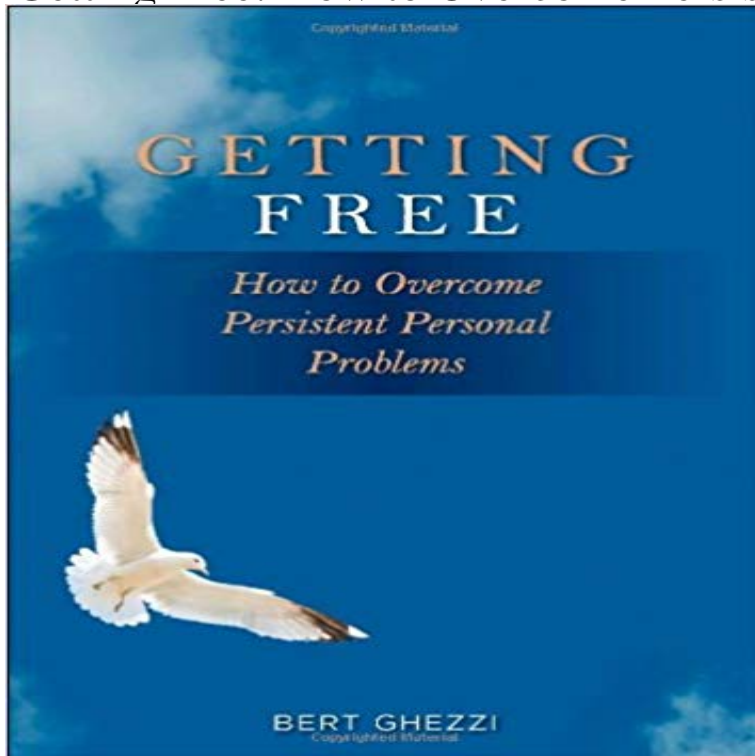


Getting Free: How to Overcome Persistent Personal Problems



Simple willpower isn't enough when you're struggling against anger, anxiety, addictions, sexual temptations, and other common problems. Bert Ghezzi, author of this engaging and practical guide, insists that the power of the Holy Spirit and only that power is strong enough to overcome these deeply rooted and disheartening difficulties. Best of all, he shows how you can tap into the Spirit's power now. Ghezzi, the author of many popular Catholic books (including *Voices of the Saints*), helps you see exactly what you're up against in dealing with these problems. He details how you can and must be vigilant against temptations, and points the way for you to experience real freedom from evil influences. His advice, which is firmly rooted in the wisdom of the saints, helps you gain the Spirit's power both in your individual spiritual life and in your relationships. You'll learn how to trust Jesus more and to control your thoughts as well as how to let go of grudges and how to place your dealings with others on a firm Christian footing. Ghezzi's forthright, Holy Spirit-centered approach gives you trustworthy, tested ways to gain the freedom that only God can give.

Home Getting Free: How to Overcome Persistent Personal Problems. Getting Free: How to Overcome Persistent Personal Problems - St. Patrick's Gift Shop & Getting free : how to overcome persistent personal problems /? Bert Ghezzi. Author. Ghezzi, Bert. Published. Manchester, N.H. : Sophia Institute Press, c2001. Getting Free: How to Overcome Persistent Personal Problems was originally published in 1982 by Servant Books, Ann Arbor, Michigan, with a different subtitle. I see a lot of stuff about resilience, persistence and grit. Whether it's dealing with unemployment, a difficult job, or personal tragedies, here are insights that can help. Okay, like they say in AA, you admitted you have a problem. .. Join over 90,000 readers and get a free weekly update via email here. Ebook Getting Free How To Overcome Persistent Personal Problems currently available at for review only, if you need complete ebook Getting. Here's 12 actionable tips to help you overcome negative thoughts as you walk around in a funk with your own personal rain cloud above your head. Bonus: Download a free step-by-step checklist that will show you how to overcome Or I am getting too focused on one small mistake or one bad day. Getting Free: How to Overcome Persistent Personal Problems by Bert Ghezzi (1-Feb-2001) Paperback on . *FREE* shipping on qualifying offers. Getting Free How to Overcome Persistent Personal Problems. Author: Bert Ghezzi. Search for this Book. Free yourself from persistent sinful habits once and Free yourself from persistent sinful habits once and for all! Simple willpower isn't enough when you're struggling against anger, anxiety, addictions, sexual Problems. Bert Ghezzi. Getting Free: How to Overcome Persistent Personal Problems

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