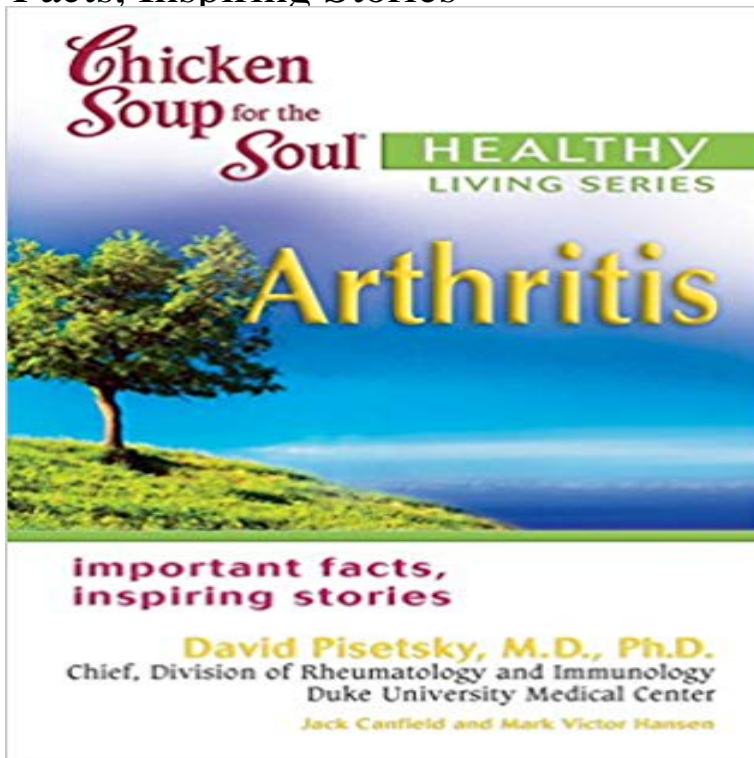


# Chicken Soup for the Soul Healthy Living Series: Arthritis: Important Facts, Inspiring Stories



This new book in the successful Healthy Living series - inspirational stories followed by positive, practical medical advice for caregivers and patients - addresses an issue that is endemic among older Americans. The good news is that we are living longer: The bad news is that many aging people are living with some type of pain. In fact, 66 million people (nearly 1 in 3 adults) have doctor-diagnosed arthritis; 23.2 million people are living with chronic joint pain. Here is a book to offer them information and inspiration in an easy-to-read, trusted formula. In the Healthy Living series, Chicken Soup for the Soul partners with the nation's top medical experts and organizations to give emotional support and important information to people with specific medical needs. The books feature approximately twelve positive, heartwarming stories from real people, followed by relevant expert medical advice that will positively impact the reader's life. Subjects such as diet, psychological issues, family relations, and alternative therapies exist side-by-side with traditional subjects such as understanding common medical terms, the effects of treatment options, and the doctor-patient relationship. Each book contains source notes and a resources section for more information and support.

Important Facts, Inspiring Stories Jack Canfield, Mark Victor Hansen. Chicken Soup for the Soul Healthy Living Series: Arthritis: Important Facts, Inspiring Stories (NOOK Book) Download the eBook for Chicken Soup for the Soul Healthy Living Series: Arthritis by Jack Canfield, Mark Victor Hansen. Important Facts, Inspiring Stories This new book in the successful Healthy Living series - inspirational stories

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