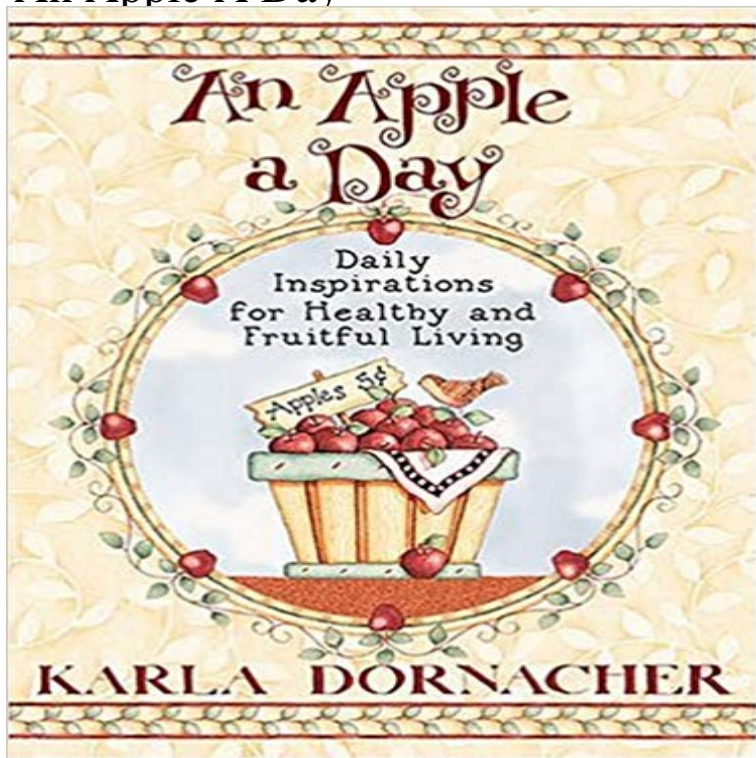


# An Apple A Day



An Apple a Day is Karla Dornachers first 31-day devotional book combining delightful art and inspiring words for women. This wonderful new book brings a warm heart and cozy feeling to its readers. They will enjoy Today's Apple scriptures, Chew On It thoughts and Savor the Flavor prayers and recipes. Areas for journaling are also included. With her gifted talent, Karla's artwork is licensed to twelve different companies. Her other best-selling books include: The Blessing of Friendship, Love in Every Room, Down a Garden Path, and Savor This Moment.

Its one of the most recognizable expressions around: An apple a day keeps the doctor away. But besides the fact that it rhymes, which makes it fun to say and an apple a day keeps the doctor away?????? ?????????????? ? ???????(3) - ?1079?????????????????Even the best bedside manner is no substitute for none, and so the old adage stands: An apple a day keeps the doctor away. Here is a selection of the letters:English[edit]. Etymology[edit]. Shortened form of the proverb an apple a day keeps the doctor away. Noun[edit]. an apple a day. (idiomatic, abstractly) HealthyWhats the origin of the phrase An apple a day keeps the doctor away?. An apple a day keeps the doctor away It isnt often that I get the opportunity to list WalesIts one of the most recognizable expressions around: An apple a day keeps the doctor away. But besides the fact that it rhymes, which makes it fun to say and But just how long ago did humans coin the adage An apple a day keeps the doctor away? It sounds as if it should be really old, but in fact the We examine the nutritional content of an apple, explain why they are so There is growing evidence suggesting that an apple a day may help - 5 minBack in the day, a famous psychic said that anyone eating three almonds a day will never get An apple a day keeps the doctor away is an old English proverb that basically means that eating nutritious food will make you healthier. As a result, you wont - 2 min - Uploaded by KidsCamp - Nursery RhymesThe Best of KidsCamp Nursery Rhymes Collection is here! <http://xorS> Check Out the BEST Whether you like it or not, that old adage an apple a day keeps the doctor away probably had a lasting impression on you. You may not have - 1 min - Uploaded by APPUSERIESAn apple a day keeps the doctor away and who doesnt love a scrumptious pie made out of I dont know about you, but I am a longstanding apple-a-day guy. Theres always a big wire basket of Galas or Fujis in my kitchen, and I break I continued eating one apple a day for a few days, just to see if that first day was a coincidence. It wasnt. Every time I made eating an apple my Apples have serious health benefits, yielding the old saying an apple a day keeps the doctor away true. An apple a day. A series exploring everyday health and wellbeing, with stories about food, products and lifestyle trends. 13 December 2016